

July 3-day Theme-Based Workshops at Listening Wellness Center

Register below Choose 1 subject at a time for \$25 / 3-days
OR sign up for full days (6 subjects) for \$120 / 3-day session

Week 1: July 6th-8th Hispanic Cultures

- 9:00-10:00: Music/Movement/Meditation...
- 10:00-11:00: Cooking ages 5-8*.....
Spanish ages 9-14.....
- 11:00-12:00: Art ages 5-8*.....
Cooking ages 9-14*.....
- 12:00-1:00 Lunch/Garden/Games.....
- 1:00-2:00: Spanish ages 5-8.....
Art ages 9-14*.....
- 2:00-3:00: Clay & Ceramics week 1**.....

Total subjects: _____ x \$25 .00 = \$ _____
(OR Full Day for \$120.00) \$ _____
+\$12 x ____ (Art/Cook/Clay Materials) \$ _____
TOTAL payment - July Session 1: \$ _____

Week 3: July 20th-22nd Summertime!

- 9:00-10:00: Music/Movement/Meditation...
- 10:00-11:00: Cooking ages 5-8*.....
Spanish ages 9-14.....
- 11:00-12:00: Art ages 5-8*.....
Cooking ages 9-14*.....
- 12:00-1:00 Lunch/Garden/Games.....
- 1:00-2:00: Spanish ages 5-8.....
Art ages 9-14*.....
- 2:00-3:00: Clay & Ceramics week 3**

Total subjects: _____ x \$25 .00 = \$ _____
(OR Full Day for \$120.00) \$ _____
+\$12 x ____ (Art/Cook/Clay Materials) \$ _____
TOTAL payment - July Session 3: \$ _____

Week 2: July 13-15th Learning from the Masters

- 9:00-10:00: Music/Movement/Meditation....
- 10:00-11:00: Cooking ages 5-8*.....
Spanish ages 9-14.....
- 11:00-12:00: Art ages 5-8*.....
Cooking ages 9-14*.....
- 12:00-1:00 Lunch/Garden/Games.....
- 1:00-2:00: Spanish ages 5-8.....
Art ages 9-14*.....
- 2:00-3:00: Clay & Ceramics week 2 **

Total subjects: _____ x \$25 .00 = \$ _____
(OR Full Day for \$120.00) \$ _____
+\$12 x ____ (Art/Cook/Clay Materials) \$ _____
TOTAL payment - July Session 2: \$ _____

Week 4: July 27th - 29th Children's Literature

- 9:00-10:00: Music/Movement/Meditation...
- 10:00-11:00: Cooking ages 5-8*.....
Spanish ages 9-14.....
- 11:00-12:00: Art ages 5-8*.....
Cooking ages 9-14*.....
- 12:00-1:00 Lunch/Garden/Games.....
- 1:00-2:00: Spanish ages 5-8.....
Art ages 9-14*.....
- 2:00-3:00: Clay & Ceramics week 4**

Total subjects: _____ x \$25 .00 = \$ _____
(OR Full Day for \$120.00) \$ _____
+\$12 x ____ (Art/Cook/Clay Materials) \$ _____
TOTAL payment - July Session 4: \$ _____

* Cooking, Art & Clay/Ceramics classes require additional \$12.00 materials fee
Clay/Ceramics: Please sign up for **BOTH wk 1 & wk 2 **OR** wk 3 & wk 4 to allow time for firing
Call (978)355-3501 for more info
OR go to www.listeningwellness.org for detailed class descriptions & teacher biographies

August Weekly Classes at Listening

Register below: \$30/4-week session

Music Classes: \$30/4-week session

Singing in Spanish Ages 2-6 (with adult)...\$ _____
Thursdays, August 5th-26th 10:00-10:45

Guitar Group – Ages 10 & up.....\$ _____
Thursdays, August 5th-26th 3:00-4:00

Flute Ensemble – Ages 10 & up.....\$ _____
Thursdays, August 5th-26th 4:00-5:00

Please contact me to schedule private lessons on:
___ **Flute** ___ **Clarinet** ___ **Recorder**

Movement Classes: \$30/4-week session

Dance – Sundays, August 1st-22nd
1:00-2:00 Ages 5-9.....\$ _____
2:00-3:00 Ages 10 & up.....\$ _____

Karate – Wednesdays, August 4th-25th
1:00-2:00 Ages 6-12.....\$ _____

Athletics – Thursdays August 5th-26th
11:00-12:00 Ages 5-9.....\$ _____
1:00-2:00 Ages 10-14.....\$ _____

Yoga – Fridays, August 6th-27th
10:00-11:00 Ages 4-7.....\$ _____
11:00-12:00 Ages 8-12.....\$ _____

Total July Session 1.....\$ _____
Total July Session 2.....\$ _____
Total July Session 3.....\$ _____
Total July Session 4.....\$ _____
Total August Music.....\$ _____
Total August Movement.....\$ _____
TOTAL ENCLOSED.....\$ _____

Send to: Listening, P.O. Box 232
Barre, MA 01005

please fill out both sides

SUMMER 2010 PROGRAMS FOR AGES 4-14

AT THE LISTENING WELLNESS CENTER IN BARRE

Creativity, Culture, Cooking, Fitness, Focus & Fun!!!

PROGRAM DESCRIPTIONS (see reverse for schedule)

3-day Theme-Based Workshops in July:

Weekly classes in August:

Week 1: July 6th-8th
Week 3: July 20th-22nd

Week 2: July 13th-15th
Week 4: July 27th- 29th

Art – ages 5-8 & 9-14 with Renee Malowitz

wk1) *Hispanic*: Pinatas, Weaving, Frida Kahlo Portraits
wk2) *Masters in Art*: Van Gough, Chigall and Warhol
wk3) *Summer*: Sand paintings, kites, garden watercolors
wk4) *Literature*: Illustrators: Eric Carle, Dr. Seuss Jan Bret

Cooking – ages 5-8 & 9-14 with Emily Langer

wk1) *Hispanic*: Make tortilla chips, salsa, fried bananas & more
wk2) *Masters*: Try recipes inspired by the world's greatest chefs
wk3) *Summer*: Cool down with seasonal fruits, veggies & treats
wk4) *Literature*: Cook with authors like Laura Ingalls Wilder

Spanish ages 5-8 & 9-14 (all levels) with Jocelyn Langer

wk1) *Hispanico*: Greetings, songs, foods, countries & cultures
wk2) *Maestros*: Build vocab. through studying famous leaders
wk3) *Verano*: Outdoor activities, nature, plants & animals
wk4) *Literatura*: Poems, folktales, songs, acting out stories

Clay & Ceramics – ALL AGES with Renee Malowitz

week1/week3: Hand-built Pottery: mugs, mirrors, candlestick.
week2/week4: Glazing, tile mosaics. *Please sign up for BOTH weeks 1&2 OR weeks 3&4 to allow time for glazing & firing*

Every day also includes:

Lunch/Garden/Games with Renee, Emily & Jocelyn

Lunchtime may include a story while kids eat, followed by outdoor games & gardening. Kids will eat food made during cooking class, but **parents should pack lunch as a backup.**

Music, Movement & Meditation with Jocelyn Langer

Each day begins with theme-based songs and dances, yoga and a brief meditation, helping kids to stretch & focus their minds for the day ahead. **ALL AGES.**

Athletics: Multi-sports with Tammy Lunn

Children will be introduced to a variety of sports and fitness games, including tennis, soccer, basketball, lacrosse, baseball, floor hockey and volleyball.

Dance Classes with Renee Carleen

Students will study ballet and jazz dance, including warm-ups, center work, and combinations across the dance floor.

Goju-Ryu Karate with Brad Warren

Have fun through Martial Arts in a positive social environment. Children will learn focus, flexibility, confidence and self-control.

Music Classes & Lessons (various teachers)

Weekly music classes include “Guitar Group” & “Flute Ensemble” for ages 10-14, plus “Singing in Spanish” for ages 2-6, and private lessons by appointment: flute, recorder, clarinet.

Yoga Classes with Loren Magruder

A playful and creative style introduces children to basic yoga poses and relaxation techniques. Yoga encourages focus and awareness and instills calm.

Student Information

Please fill out form below **AND** form on opposite side and mail with payment to:

Listening, P.O. Box 232, Barre, MA 01005

Child's Name (1 child/form please):

Child's Age:

Parent's Name:

Address:

Town, Zip:

Home Phone #

Parent's Cell #

Parent's Work #

Parent's email:

Does your child have any allergies or medical conditions? ___No ___Yes (Explain)

Does Listening have permission to take photos of your child for our newsletter, brochure, website, or local newspapers?
___Yes ___No

Please list at least one person (besides parents) whom we could contact in case of an emergency:

Name: _____

Phone: _____

PLEASE FILL OUT FORMS ON BOTH SIDES

